



Herman Chiropractic & Rehab

Corporate Offices: PO Box 406 - Waynesboro PA 17268 - (888) 354-9985 / Fax: (717) 762-8544

Waynesboro, PA Office: 700 South Potomac Street - Waynesboro PA 17268 - (717) 762-1773 / Fax: (717) 762-8544

Chambersburg, PA Office: 1011 Wayne Avenue - Chambersburg PA 17201 - (717) 264-8149 / Fax: (717) 264-8159

Stroudsburg, PA Office: 1718 West Main Street - Stroudsburg PA 18360 - (570) 424-5433 / Fax: (570) 424-5764

Harrisburg, PA Office: 6301 Grayson Rd. A-130 - Harrisburg PA 17111- (717) 564-4151 / Fax: (717) 564-4152

www.hermanchiropractic.com

Monthly Newsletter – January 2008

For more newsletters, please log on to www.hermanchiropractic.com

Dear Friends:

Sons

For those of us who have sons & those of you who are happy that you don't...





Corporate Offices: PO Box 406 - Waynesboro PA 17268 - (888) 354-9985 / Fax: (717) 762-8544

Waynesboro, PA Office: 700 South Potomac Street - Waynesboro PA 17268 - (717) 762-1773 / Fax: (717) 762-8544
Chambersburg, PA Office: 1011 Wayne Avenue - Chambersburg PA 17201 - (717) 264-8149 / Fax: (717) 264-8159
Stroudsburg, PA Office: 1718 West Main Street - Stroudsburg PA 18360 - (570) 424-5433 / Fax: (570) 424-5764
Harrisburg, PA Office: 6301 Grayson Rd. A-130 - Harrisburg PA 17111- (717) 564-4151 / Fax: (717) 564-4152

www.hermanchiropractic.com

And you also find out interesting things when you have sons, like ...

1. A king size waterbed holds enough water to fill a 2000 sq. ft. house 4 inches deep.
2. The fire department in has a 5-minute response time.
3. A 3-year old boy's voice is louder than 200 adults in a crowded restaurant.
4. If you hook a dog leash over a ceiling fan, the motor isn't strong enough to rotate a 42 lb boy wearing Batman underwear and a Superman cape. It is strong enough, however, if tied to a paint can, to spread paint on all four walls of a 20x20 ft room.
5. You should not throw baseballs up when the ceiling fan is on. When using a ceiling fan as a bat, you have to throw the ball up a few times before you get a hit. A ceiling fan can hit a baseball a long way.
6. The glass in windows (even double-pane) doesn't stop a baseball hit by a ceiling fan.
7. When you hear the toilet flush and the words 'uh oh', it's already too late.
8. Brake fluid mixed with Clorox makes smoke, and lots of it.
9. A 6-year old boy can start a fire with a flint rock even though a 36-year old man says they can only do it in the movies.
10. Certain Lego's will pass through the digestive tract of a 4-year old boy. Some will not.
11. Play dough and microwave should not be used in the same sentence.
12. Super glue is forever.
13. No matter how much Jell-O you put in a swimming pool you still can't walk on water.
14. Pool filters do not like Jell-O.
15. VCRs do not eject 'PB & J' sandwiches even though TV commercials show they do.
16. Garbage bags do not make good parachutes.
17. Marbles in gas tanks make lots of noise when driving.
18. You probably DO NOT want to know what that odor is.
19. Always look in the oven before you turn it on; plastic toys do not like ovens.
20. The spin cycle on the washing machine does not make earthworms dizzy.
21. It will, however, make cats dizzy.
22. Cats throw up twice their body weight when dizzy

'Nuf Said.

Larry Herman, DC Adam Kritzberg, DC Jan Herman, DC
Josh Rosinski, DC Joe Brady, DC