



Corporate Offices: PO Box 406 - Waynesboro PA 17268 - (888) 354-9985 / Fax: (717) 762-8544

Waynesboro, PA Office: 700 South Potomac Street - Waynesboro PA 17268 - (717) 762-1773 / Fax: (717) 762-8544
Chambersburg, PA Office: 1011 Wayne Avenue - Chambersburg PA 17201 - (717) 264-8149 / Fax: (717) 264-8159
Stroudsburg, PA Office: 1718 West Main Street - Stroudsburg PA 18360 - (570) 424-5433 / Fax: (570) 424-5764
Harrisburg, PA Office: 6301 Grayson Rd. A-130 - Harrisburg PA 17111 - (717) 564-4151 / Fax: (717) 564-4152

www.hermanchiropractic.com

Monthly Newsletter – January 2012

For more newsletters, please log on to www.hermanchiropractic.com

Thoughts...

Dear Friends:

A boy was born to a couple after eleven years of marriage. They were a loving couple and the boy was the gem of their eyes. When the boy was around two years old, one morning the husband saw a medicine bottle open. He was late for office so he asked his wife to cap the bottle and keep it in the cupboard. His wife, preoccupied in the kitchen totally forgot the matter. The boy saw the bottle and playfully went to the bottle fascinated by its color and drank it all. It happened to be a poisonous medicine meant for adults in small dosages. When the child collapsed the mother hurried him to the hospital. He died. The mother was stunned. She was terrified how she was going to face her husband. When the distraught father came to the hospital and saw the dead child, he looked at his wife and uttered just five words.

QUESTIONS: 1. What were the five words? 2. What is the implication of this story?

ANSWERS: The husband just said 'I am with you Darling'. The husband's totally unexpected reaction is a proactive behavior. The child is dead. He can never be brought back to life. There is no point in finding fault with the mother. Besides, if only he had taken time to keep the bottle away, this would not have happened. No one is to be blamed. She had also lost her only child. What she needed at that moment was consolation and sympathy from the husband. That is what he gave her. If everyone can look at life with this kind of perspective, there would be much fewer problems in the world. 'A journey of a thousand miles begins with a single step.'

Take off all your envies, jealousies, unforgiveness, selfishness, and fears. And you will find things are actually not as difficult as you think.

MORAL OF THE STORY: This story is really worth reading. Sometimes we spend time in asking who is responsible or whom to blame, whether in a relationship, in a job or with the people we know. By this way we miss out some warmth in human relationship.

'Nuf Said.

Larry Herman, DC Tiffany Russell, DC Jan Herman, DC Josh Rosinski, DC Joe Brady, DC